



Learning to Learn activities

Recipes for Fun

Playdough

What you need ...

- 1/2 cup of salt
- 1 cup of flour
- 1 tablespoon of cream of tartar
- 1 tablespoon of oil
- 1 cup of warm water
- food colouring/flavours, ginger, lavender, glitter, etc

How to make it ...

1. Put all the dry ingredients in a bowl
2. Mix with the water using a spoon, a little at a time
3. Add a little food colouring/flavours (not too much!)
4. As the mixture cools squeeze the mixture together with your hands.
5. Add more flour if it is too runny!

Makes wonderful play dough which lasts for a long time if you put it in a sandwich bags or a plastic tub.





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Salt dough

What you need ...

- What you need ...
- 4 cups of salt
- 1 cups of flour
- 1 1/2 cups of water

How to make it ...

1. Mix salt and flour in pan
2. Add enough water to form a paste.
3. Cook over medium heat stirring constantly.
4. When cooled a little—model into shapes.
5. Put on a baking tray (covered with cling film)

Decorate with beads/ sequins / shells

5. Leave to harden overnight.

Or paint and decorate the next day!





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Goop

What you need ...

- 2 cups of baking soda
- 1 1/2 cups of water
- 1 cup of cornflour
- Food colouring

How to make it ...

1. Put all of the ingredients into a saucepan.
2. Mix the ingredients together using a whisk to remove lumps.
3. Heat on stove stirring with a wooden spoon.
4. Bring the mixture to the boil continuously stirring.
5. Small lumps will begin to appear, continue to stir until a thick
6. mixture has formed.
7. Turn out onto the work surface— **Be careful the Rubbery Goop will be very hot!**
8. Knead together to form a smooth ball.
9. Store in a plastic zip-lock bag or air tight container.





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Cloud dough

What you need ...

- 2 Cups Cornflour (
- 1 Cup Hair Conditioner
- Food Colouring
- Extra Cornflour to add if mixture is still a little sticky

How to make it ...

1. Place hair conditioner into a medium bowl and add a few drops of food colouring.
2. With a spoon, mix the colouring through the conditioner.
3. Add 1 cup of cornflour and stir. Then add the last cup of cornflour to the mixture.
1. Constantly stir the mixture until it begins to become thicker.
2. Turn the dough out onto a clean surface and knead into a smooth ball with your hands. Add more cornflour if the play dough is sticky.
3. Store in a plastic zip lock bag or air tight container.





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Edible Slime

What you need ...

- 14 oz. can of sweetened condensed milk
- 1 tablespoon of cornflour
- food colouring (or you could add a little unsweetened powdered milkshake mix)
- A couple of drops vanilla or other flavouring or marshmallows!

How to make it ...

1. In a saucepan over low heat, stir together the milk and cornflour.
2. Stir and heat until the mixture thickens. Remove from heat.
3. Stir in the colouring and any flavourings.
4. Allow the slime to cool.
5. Once cooled a little, it ready to use.
6. To store, keep in zip lock bag or sealed container in the fridge.





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Kinetic Sand

What you need ...

8 cups of sand

5 cups of flour (any)

1 1/2 cups of vegetable oil

How to make it ...

1. Put the sand and flour together in a large container. Mix
2. Add the oil slowly.
3. With your hands mix it together.

